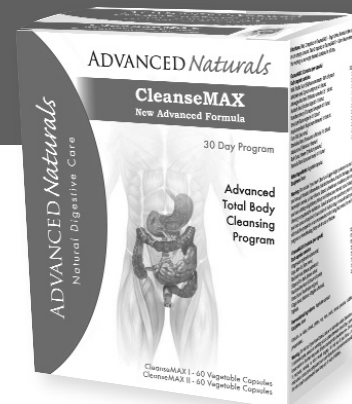


CleanseMAX

PRODUCT INFORMATION



WHAT IS CLEANSEMAX?

CleanseMAX is a unique 30 day total body cleansing program. It is formulated to stimulate the cleansing and detoxification process of the body's 7 channels of elimination: the liver, lungs, colon, kidneys, blood, skin, and lymphatic system. CleanseMAX is a 2 part cleanse. The first part is an herbal organ detox formula. The second part is a colon cleansing formula that contains no cascara sagrada or senna. CleanseMAX does not contain any binders, fillers, or excipients, making it the best cleanse because it is the cleanest cleanse!

HOW IT WORKS

CleanseMAX Part I works by directly stimulating the organs, thereby enhancing the detoxification process of the body. It contains herbs, such as milk thistle, dandelion, and turmeric, which stimulate the liver's production of bile. The liver transfers toxins into the bile, which is then carried into the intestine, where it is absorbed by fibre and then removed from the body. Part I also contains diuretic herbs, such as corn silk and artichoke. These herbs allow the body to release more water (and toxins) from the blood, thereby increasing the volume of urine excreted. CleanseMAX Part I also contains herbs that stimulate elimination of toxins through the skin and the lungs, as well as stimulating the lymphatic system.

CleanseMAX Part II helps with elimination from the colon. It contains magnesium hydroxide which helps to regulate water into the bowel. A significant amount of constipation cases occur because the colon is dehydrated. When the colon is fully hydrated, elimination can occur more easily, without the need of harsh laxatives. Part II also contains the herbs cape aloe, rhubarb, and triphala which stimulate peristalsis (contraction of the colon). Once the colon has been hydrated and peristalsis has been properly stimulated, elimination can be achieved at a normal level (2-3 times per day).

DIRECTIONS FOR USE

Take 2 capsules of CleanseMAX Part I in the morning on an empty stomach (30 minutes before eating) and 2 capsules of CleanseMAX Part II in the evening on an empty stomach (3 hours after eating).

PLEASE NOTE: *Cleansing can be intense. Therefore, you may wish to recommend half the suggested dosage for the first 3 days. Take 1 capsule of CleanseMAX Part I in the morning on an empty stomach (30 minutes before eating) and 1 capsule of CleanseMAX Part II in the evening on an empty stomach (3 hours after eating).*

CleanseMAX will last one month. Drink 8-10 glasses of water per day while using CleanseMAX. Water assists in cleansing and keeps the body hydrated. It is recommended to perform a cleanse every three to six months. This frequency is necessary to help the body cope with the nearly constant exposure to toxins from factories, trucks, and pesticides. As we are constantly inhaling and ingesting toxins, it is better to remove them regularly, rather than to have them build up and lead to health problems.

WHAT TO EXPECT

Depending on the state of health, one can experience a range of results while taking CleanseMAX. Most common results range from weight loss, increased energy and normalization of bowel movements.

Those with a high level of toxicity may experience aches or flu like symptoms, which will usually subside after the first week.

SUPPORT PRODUCTS

Two very important aspects of cleansing are to ensure that fibre intake is at an optimal level (30-40 grams) per day and that the colon is properly lubricated by using essential fatty acids (EFA's).

FibreMAX: Fibre absorbs toxins ensuring they are not re-absorbed into the bloodstream, but instead are brought to the colon for elimination. FibreMAX is recommended as part of your cleansing program, as well as for maintenance afterwards.

EFA Therapy: This patented blend of organic flax, borage, and fish oil contains the ideal ratio of essential fatty acids. It also contains the digestive enzyme 'lipase'. Lipase is used by the body to ensure the proper breakdown and utilization of fats in the body. This blend of nutritional oils also helps to lubricate the colon, allowing for increased bowel movements, thereby increasing the amount of toxins removed from the body. EFA Therapy is recommended as part of your cleansing program, as well as for maintenance afterwards.

ADVANCED *Naturals*

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INGREDIENTS

CLEANSEMAX I

There are several categories of herbs used in CleanseMAX Part I. These herbs support detoxification through the body's 7 channels of elimination.

Herbs for the Liver

- ♦ Cholagogues (Herbs that stimulate bile flow in the liver)
 - ♦ *artichoke, burdock, dandelion, milk thistle, turmeric*
- ♦ Hepatoprotective (Herbs that protect the cells of the liver)
 - ♦ *milk thistle, turmeric, beet leaf, bupleurum*

Herbs for the Lungs

- ♦ Expectorant (Herbs that aid in the discharge of respiratory mucous)
 - ♦ *mullein, red clover, turmeric*
- ♦ Demulcent (Herbs that help soothe the mucous membrane)
 - ♦ *mullein*

Herbs for the Lymphatic System

- ♦ Lymphagogues (Herbs that stimulate lymphatic flow)
 - ♦ *red clover*

Herbs for the Kidneys

- ♦ Diuretic (Herbs that increase urine flow)
 - ♦ *corn silk, artichoke, burdock, dandelion, red clover*

Herbs for the Skin

- ♦ Herbs used to improve the skin (when toxins are released through the skin, mild irritation can occur. These herbs help to reduce or eliminate this effect).
 - ♦ *burdock root, dandelion, red clover*

Herbs for the Blood

- ♦ Alteratives (Blood purifying herbs)
 - ♦ *artichoke, burdock root, dandelion, hawthorn berry, red clover, turmeric, bupleurum*

Herbs for the Adrenal Gland

- ♦ Balances adrenal function
 - ♦ *ashwagandha*
- ♦ Improves adrenal function
 - ♦ *bupleurum*

CLEANSEMAX II

There are many categories of herbs / minerals used in CleanseMAX Part II. These ingredients are used to gently stimulate the bowel and to promote regular elimination of toxins.

Herbs for the Bowel

- ♦ Increase bowel hydration
 - ♦ *magnesium hydroxide*
- ♦ Stimulate peristalsis
 - ♦ *rhubarb root, cape aloe gel, triphala*
- ♦ Soothe intestinal lining
 - ♦ *marshmallow, slippery elm*
- ♦ Tone and strengthen
 - ♦ *triphala*
- ♦ Expectorant (removes mucus from bowel)
 - ♦ *marshmallow root*
- ♦ Digestive Aid
 - ♦ *ginger root*
 - ♦ *fennel*

CleanseMAX I - Each capsule contains

Milk Thistle Seed (<i>Silybum marianum</i>) - 80% Silymarin	262.5mg
Artichoke Leaf (<i>Cynara scolymus</i>) 4:1 Extract	25mg
Ashwagandha Root (<i>Withania somnifera</i>) 5:1 Extract	25mg
Burdock Root (<i>Arctium lappa</i>) 5:1 Extract	25mg
Hawthorn Berry (<i>Crataegus laevigata</i>) 4:1 Extract	25mg
Beet Leaf (<i>Beta vulgaris</i>) 4:1 Extract	20mg
Bupleurum Root (<i>Bupleurum chinense</i>) 4:1 Extract	20mg
Corn Silk (<i>Zea mays</i>)	20mg
Dandelion Root (<i>Taraxacum officinale</i>) 4:1 Extract	20mg
Mullein Leaf (<i>Verbascum thapsus</i>)	20mg
Red Clover Flower (<i>Trifolium pratense</i>)	20mg
Turmeric Root (<i>Curcuma longa</i>) 4:1 Extract	20mg

CleanseMAX II - Each capsule contains

Magnesium hydroxide (elemental)	125mg
Cape Aloe Gel (<i>Aloe ferox</i>)	150mg
Rhubarb Root (<i>Rheum palmatum</i>)	150mg
Slippery Elm Bark (<i>Ulmus rubra</i>)	25mg
Marshmallow Root (<i>Althaea officinalis</i>)	25mg
Fennel Seed (<i>Foeniculum vulgare</i>)	25mg
Ginger Root, Rhizome (<i>Zingiber officinalis</i>)	25mg
Triphala	25mg

Other Ingredients: Vegetable Capsules

Excipients: None

Contains no dairy, wheat, gluten, soy, yeast, animal products, additives or preservatives

Warning: Do not use if you have Gilbert's or Crigler-Najjar Syndrome, Crohn's Disease, or Ulcerative Colitis. Do not take if you have gall bladder inflammation, bile duct conditions, intestinal blockage, bowel obstruction, diabetes, haemolytic anemia, or liver disease. Consult a health care practitioner prior to use if you have a history of gallstones, biliary tract obstructions, stomach ulcers, taking blood thinning or psychoactive medication. Consult a health care practitioner prior to use if you have a serious medical condition, or have cancer of any kind. Consumption of alcohol, drugs, or natural health products with sedative properties is not recommended while taking this product. Discontinue use if abdominal pain, nausea or vomiting occurs unless otherwise directed by a physician. Loose stools or diarrhea may occur. If loose stools persist, discontinue use. Do not take if pregnant, breastfeeding or after recent surgery. Do not exceed recommended dose. Keep out of reach of children.

WANT MORE INFORMATION ABOUT
CLEANSING AND DETOXIFICATION?
VISIT US ONLINE AT
WWW.ADVANCEDNATURALS.CA

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