

# Intestinal Therapy

## PRODUCT INFORMATION

### WHAT IS INTESTINAL THERAPY?

Intestinal Therapy helps to rebuild and repair the intestinal tract lining, while also helping to reduce inflammation in the intestinal tract. It can be used by anyone who wishes to improve their intestinal health. Intestinal Therapy is available in two forms: in a powdered supplement that can be mixed into water or juice, and in vegetable capsules.



### HOW IT WORKS

A healthy functioning intestinal tract replaces its cells about 2 times per week. Two of the main nutrients necessary to rebuild the intestinal lining are L-Glutamine and N-acetyl glucosamine. L-Glutamine has been shown to increase intestinal villous height and stimulate mucosal cell growth in the intestinal tract (Miller, 1999) while N-acetyl glucosamine, is required for tissue repair mechanisms (Salvatore et al, 2000). By providing the body with a therapeutic dose of L-Glutamine as well as N-Acetyl-Glucosamine, Intestinal Therapy works to heal the damaged areas of the intestinal tract lining. It also includes ingredients to soothe the intestinal tract lining as well as ingredients to help to reduce inflammation, and to reduce diarrhea.

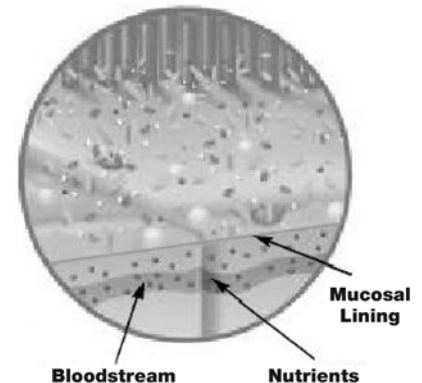
"A healthy intestinal lining helps determine the overall health of an individual. It plays a critical role in the absorption of beneficial nutrients and the blockage of unwanted compounds in the bloodstream". - Dr. Leonard Smith, M.D, Gastrointestinal Specialist.

### DIRECTIONS FOR USE

**Powder:** Take one scoop mixed in water in the morning on an empty stomach.

**Capsules:** Take 7 capsules with water in the morning on an empty stomach.

### Digestive Tract



### WHAT TO EXPECT

Those that suffer from leaky gut syndrome, poor intestinal health, Irritable Bowel Syndrome, Colitis and Crohn's disease should see an improvement in symptoms within 30 days of taking the product. Even if patients do not suffer from these conditions, Intestinal Therapy can be used to maintain the overall health of the intestinal tract.



ADVANCED *Naturals*

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# INGREDIENTS

## INTESTINAL THERAPY

Intestinal Therapy contains a mix of anti-inflammatory and intestinal supportive ingredients:

### Repairs and rebuilds intestinal tract:

- ♦ L-Glutamine
  - ♦ *increases intestinal villous height, stimulates mucosal cell growth in the intestinal tract, and helps to maintain the mucosal cell integrity.*
- ♦ N-Acetyl D-Glucosamine
  - ♦ *required for tissue repair mechanisms.*

### Anti-inflammatory:

- ♦ Ginger Root
  - ♦ *anti-inflammatory properties.*
- ♦ Marigold Flower
  - ♦ *helps to alleviate mucous membrane inflammation.*

### Demulcent (soothing):

- ♦ Marshmallow root
  - ♦ *alleviates local irritation.*
  - ♦ *inhibits mucociliary activity.*

### Carminative (expels gas from stomach, intestines or bowel):

- ♦ Ginger Root

### Anti-Diarrhea:

- ♦ Cranesbill Root
  - ♦ *contracts blood vessels thereby stopping internal bleeding.*
  - ♦ *helpful for diarrhea and chronic dysentery.*

### Enhances gastric & ileal movement:

- ♦ Gamma Oryzanol

### REFERENCES

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- Salvatore, S., Heuschkel, R., Tomlin, S., Davies, S.E., Edwards, S., Walker-Smith, J.A., French, I., Murch, S.H. (2000). A Pilot Study of N-Acetyl glucosamine, a nutritional substrate for glycosaminoglycan synthesis, in paediatric chronic inflammatory bowel disease. Aliment Pharmacol Ther. Dec;14(12): 1567-79.

### Intestinal Therapy Powder Each serving (5.4gr) contains

L-Glutamine	5000mg
N-Acetyl D-Glucosamine	200mg
Gamma Oryzanol	125mg
Cranesbill Root (Geranium maculatum)	18.75mg
Ginger Root, Rhizome (Zingiber officinale)	18.75mg
Marigold Flower (Calendula officinalis)	18.75mg
Marshmallow Root (Althaea officinalis)	18.75mg

**Other Ingredients:** None

**Excipients:** None

Contains no dairy, wheat, gluten, soy, corn, yeast, additives or preservatives.

Advanced Naturals does not use genetically modified ingredients. All ingredients are NON-GMO.

**Warning:** Discontinue use if abdominal pain, nausea, or vomiting occurs unless otherwise directed by a physician. Do not use if pregnant, breastfeeding or are sensitive to the Asteraceae/Compositae family of plants (i.e. Marigold). Consult your physician prior to use if you have a serious medical condition, kidney disease, or are following a low protein diet. Do not exceed recommended dose. Keep out of reach of children.

### Intestinal Therapy Capsules Each capsule contains

L-Glutamine	800mg
N-Acetyl D-Glucosamine	30mg
Gamma Oryzanol	20mg
Cranesbill Root (Geranium maculatum)	3mg
Ginger Root, Rhizome (Zingiber officinale)	3mg
Marigold Flower (Calendula officinalis)	3mg
Marshmallow Root (Althaea officinalis)	3mg

**Other Ingredients:** Vegetable Capsules

**Excipients:** None

Contains no dairy, wheat, gluten, soy, corn, yeast, additives or preservatives.

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**Warning:** Discontinue use if abdominal pain, nausea, or vomiting occurs unless otherwise directed by a physician. Do not use if pregnant, breastfeeding, or are sensitive to the Asteraceae/Compositae family of plants (i.e. Marigold). Consult your physician prior to use if you have a serious medical condition, kidney disease, or are following a low protein diet. Do not exceed recommended dose. Keep out of reach of children.

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